





BAYSWATER FOOTBALL ACADEMY PROGRAM INFO

Bayswater Football Academy (BFA) program will run in accordance with the FFA, utilising UEFA methodologies.

- It will consist over **60 sessions** with additional programs and holiday clinics to follow
- All sessions will be run by Mark Abro (Director of Coaching) and Adam Nankin (Academy Director) both highly qualified and experienced coaches (**Formerly of EPS**)
- Players receive **Player Package including Training Kit**
- Football development program to maximise junior and youth individual potential.
- Our philosophy is to provide a “TOTAL FOOTBALL” development environment increasing and nurturing “FOOTBALL INTELLIGENCE” in all our players with emphasis on love of the game.
- Players will be grouped in “Select” and “Development” squads within the age categories and will regularly move up or down determined by regular assessments and reviews with tools we use to gauge technical and tactical development, physiological assessment (overload; injuries, fitness) and psycho-social elements such as enjoyment, confidence, desire and commitment.

A collage of various soccer-related images serves as the background. It includes players in action on a field, a goalkeeper in a goal, a group of players standing in a line, and various banners and advertisements like 'parkland', 'Mazda', 'STIRLING LIONS', 'COOL RIDGE', and 'FOOTBALL WALL'.

ADDITIONAL PROGRAMS AND REFERRALS

Physiotherapy/Physiology

Nutrition

Sprint Training

Strengthening Sessions

Guest Speakers

Parental Education

Friendly Matches

Bunbury Tournament

Gothia Cup 2015 (TBA)

Additional programs subject to availability



TRAINING CALENDAR 2014

Monday & Wednesday/Saturday:

Term 1: 5th March to 9th April

Term 2 + Holidays: 28th April to 17th July

Term 3 + Holidays: 21th July to 9th October

(NO training on public holidays)

Monday & Wednesday

U9 to U11: 4pm to 5.15pm

U12 to U14: 5.30pm to 6.45pm

Saturday

U9 to U11: 8am to 9am

U12 to U14: 9am to 10am



PROGRAM COSTS

Mondays & Wednesdays - \$895

Mondays & Saturdays - \$895

Either program above include free clinics during school holiday

Monday/Wednesday/Saturday Only - \$525

Please contact Mark on 0488 766 335 or

Adam on 0413 420 499 to discuss.

Register at www.bayswatercitysc.com.au or on the day

A collage of black and white photographs showing various soccer-related scenes: players in action, a goal being scored, a group of players standing together, and a player kicking a ball. The photos are arranged in a grid-like fashion, with some overlapping.

PROGRAM VENUE

Mondays and Wednesday

at Frank Drago Reserve
Corner of Garratt Rd & Whatley Crescent, Bayswater

Saturday

at Gibbney Reserve, Maylands
from March 8th till 29th March

at DeLacey Reserve, Maylands
from the 5th April onwards

Register at www.bayswatercitysc.com.au or on the day